

# Crew Heads to Hudson for Poughkeepsie Regatta

*Teams to compete in first meet of the fall season*

By HANNAH FILLAS  
*Sun Contributor*

This Saturday, all three of Cornell's rowing teams will be traveling to Poughkeepsie, New York to test their skills on the choppy waters of the Hudson River.

This historic Poughkeepsie Regatta, hosted by Marist College, is being held to commemorate the 400-year anniversary of Henry Hudson's first ventures on the river. However, the regatta is also a re-enactment of the original men's rowing championships, which took place in the exact same location from 1895 to 1949.

"It'll be fascinating, because this is where the national championship used to be held for men's rowing," said lightweight coxswain senior Kerry Quinn. "We're going back to the place where Cornell used to win."

This time, though, there are seven other teams eyeing the Poughkeepsie title: Columbia, Navy, Pennsylvania, Syracuse, Army, Marist, and Vassar. This weekend will be the first competitive meet of the season for the Red. The Red is coming off the traditional intra-squad Schwartz cup. With such stiff competition, the race will prove to be a valuable learning opportunity for the Red.

"This race isn't going to make or break

our season," said women's head coach Hilary Gehman. "But it's a long year, and this race is really to test our speed against the other teams."

The Poughkeepsie Regatta also provides an experience that is quite possibly unlike any other that the Red will encounter this season. While most fall races are usually a shorter, single-style race against the clock, this race will be a side-by-side competition for four grueling miles.

"This presents some unique opportunities," Gehman said. "You know where you are in the race...you can see your opponents in the other boats."

Men's heavyweight coach Todd Kennett agreed that the race would be a great opportunity for the team to challenge itself.

"This one is really fierce mentally because it's such a long race," he said. "It will be a challenge...you have to balance how badly you want the lead with how badly you need to pace yourself."

Kennett also stressed the regatta's importance in determining prominent team members and future varsity lineups.

"There's a whole lot of seats right now that can be filled by any of twenty guys," he said. "It's still pretty early in the season, and we have a little bit of figuring out to do...this race will help us adjust our game



BETH SPERGEL / SUN SENIOR PHOTOGRAPHER

**Picking up the Pace** | The Red crews will face their first external competition of the season this weekend when it takes on Columbia, Penn, Navy, and others.

plan for the rest of the year."

Although this race will not count in any conference standings, the Red is by no means taking it lightly.

"It's going to be a big effort for the guys, but we're ready," Quinn said. "Our strength is in our work ethic... and it will lead to success throughout the year."

As for the women's team, Gehman's outlook is nothing but positive.

"We're posting better times in practice than we did last year," she said. "They can see the benefit of their hard work, and it's

creating a pretty positive energy."

All three divisions, in fact, have expressed optimism about this weekend's race. However, even if things go sour, the Red has a lot to gain from this weekend's meet.

"It's just another chapter in a book," Kennett said. "We learn from it...we take the lesson from it and apply it... and we will constantly work on what we find."

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## The Ideal Job for Breaking Into Sports

It goes without saying that the sports industry is hard to get into. It's about as hard to get into as SAE's white party as a freshman without connections. Or as improbable as winning the Super Bowl if you're the Detroit Lions. This goes for everyone, whether

next Erin Andrews (albeit minus the whole peephole video scandal) is very likely to encounter some roadblocks along the way. For one, I'm not blonde. Nor do I plan on going any blonder than my current highlights.

But fear not my easily-dis-



**Alex Kuczynski-Brown**

*Defensive Indifference*

you aspire to be a superagent à la Scott Boras, handicapping guru like Brandon Lang (Two for the Money, anyone?) or simply the next Tom Brady (in which case your plight is twofold, if you want to marry someone at the same level as Gisele).

Heck, I am just now realizing that my ambition to be the

couraged go-getter colleagues, I think I may have found a profession that will make for an adequate substitute while simultaneously enabling you to get just as up close (and personal) to the world of sports.

But first, a little back-story. Two days before my much-

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## Runners Face Uphill Weekend

By EVAN CARR  
*Sun Contributor*

After a successful start to the season, the cross country team will be competing at the Paul Short Invitational at Lehigh in

Bethlehem, Pa., tomorrow. The event will be the second of the season for the men's team after an impressive run at the Ithaca Moakley Course, winning the mid-September meet along with the women. The women's team

continued to build on its momentum by placing first at the University of Buffalo Invitational. The Red pulled away from the pack with a 1-2-3 finish and seven of the top-11 spots.

Looking ahead to tomorrow, both the men's and women's teams have a lot of potential for success. During the Cornell-Army dual meet, the men proved their mental and physical capabilities by not only winning the meet but also holding the top-2 and six out of the seven top positions in the field. Leading the charge was junior Nate Edelman — who ran his last mile in the 5-k in a Moakley personal record time of just ticks over five minutes — followed closely behind by senior Joel Frost-tift (26:11.4) in second and junior Max Kasak (26:16.1) in fourth. For the Paul Short Invitational on Friday, Edelman is looking forward to tougher competition than he's seen so far this season.

"Army was more of a rust-buster for our team," said Edelman. "For Paul Short, it's a huge meet with something like 30 to 40 nationally-ranked teams, so it's a huge race."

"The Paul Short Invitational is a really big race," said senior Owen Kimple. "It's a nationally competitive meet, and there are more than 15 really skilled teams there. I'm just looking forward to running well and seeing how we stack up against the competition while hopefully scoring some at-large points to get to Nationals."

The women's team has also proved to be ahead of the curve:



MATT HINTSA / SUN PHOTOGRAPHER EDITOR

**Climb to the Top** | Senior Stephanie Pancoast is joined by a strong group of freshman to dominate the Red's recent meets.

See **CROSS COUNTRY** page 15

### INSIDE SPORTS

#### Ivy League Volleyball

The Ancient Eight kicked off the volleyball season this past weekend.

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#### Mets Lose in Thriller

The Nationals walked off the field with a victory after a home run to put them over the Mets 7-4.

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